

College of Journalism and Communications
2022-2023 Faculty Welfare and Development Committee Year-end Report

Committee representatives: Natalie Asorey (PR), Cynthia Barnett (JOU), Moni Basu (JOU), Spiro Kiousis (Dean's office), Keisha Reynolds (Dean's office), Dan Windels (ADV, chair), Kun Xu (MPMT).

This report provides a summary of the Faculty Welfare and Development Committee's (FWDC) activities during the 2022-2023 academic year.

- Welcomed Five New Committee Members: On October 12, 2022, the FWDC welcomed Natalie Asorey (PR), Moni Basu (JOU), Dan Windels (ADV), and Kun Xu (MPMT) to the committee. Dan Windels (ADV) volunteered to be chair. In December 2022, Moni Basu (JOU) left the University of Florida. Moni's position was filled in January 2023 by Cynthia Barnett (JOU).
- CJC Mentoring Plan: The FWDC successfully developed a new mentoring plan for CJC faculty. This mentoring plan was introduced as an information item at the Senate-called faculty meeting on March 9, 2023. The mentoring plan was approved at the end-of-semester Senate-called faculty meeting on April 27, 2023. Key steps involved in the creation of the mentoring plan included:
 - Reviewed historic CJC work on mentoring dating back to 2018.
 - Solicited feedback to existing mentoring document from previous FWDC chair.
 - Solicited feedback to existing mentoring document from all CJC departments.
 - Examined approved mentoring documents from seven colleges at UF.
 - Examined approved mentoring documents from six other universities.
 - Solicited feedback and shared progress on mentoring plan with CJC Faculty Senate Committee.
- Nature Hike: On April 4, 2023, our committee hosted a lunchtime hike to learn about a few of the 183 species of trees on campus trees. Our guide for this walk was UF forestry professor [Michael Andreu](#). Participants learned about the oldest tree on campus, one of the rarest trees on campus, and the UF "moon tree" that was planted from seeds that traveled to the moon during the Apollo missions. The hike was designed to be a unique outdoor experience that brought faculty and staff together to learn more about the UF campus. Lunchboxes were provided by CJC to all nature hike participants.
- Introduction to Mindfulness. On April 13, 2023, our committee hosted a CJC mindfulness event for all faculty and staff. Our speaker for this event was [Angie Brown](#), Director at UFHR Communications and Worklife. Participants learned about the myths and realities of what mindfulness is and what it isn't, discovered the differences between mindfulness and meditation, learned about the benefits of mindfulness in the workplace, and explored how to incorporate micro-practices into their day. A light snack and drinks were provided by CJC to all participants.

Respectfully submitted by Dan Windels